

2013 WINTER EDITION NAP NEWS

National Nurse Anesthetists Week January 20-26

It's that time of year again when we make sure to take the time to celebrate the CRNA profession and promote the contributions that nurse anesthetists about the profession and to give back to our communities. Adding to the

excitement of this year's celebration, the Pennsylvania General Assembly passed a resolution to officially recognize this week as National Nurse Anesthetists Week in the state of Pennsylvania! This year, *Nurse Anesthetists Week* was celebrated January 20th through the 26th.

The week was not only for celebrating, as students from York College of Pennsylvania/Wellspan Health CRNA program were busy with several community projects. To kick off the week, students, faculty, and alumni participated in a Zumbathon to benefit the Central Pennsylvania Food Bank. The day was a great success, thanks to the organizational efforts of alumnus Robin Crowley, CRNA. A little more than \$1400 was raised for the charity on behalf of District 3

Pennsylvania Association of Nurse Anesthetists (PANA). Students also helped to increase awareness about CRNAs by handing out informational materials to interested patrons. All involved enjoyed sweating it out for such a great cause. Special thanks to the LA Fitness in Camp Hill and their Zumba instructors for hosting this great event!

Students finished out the week with additional community outreach opportunities by volunteering their time serving meals at the York Rescue Mission. Clothing and canned foods were also generously donated by members of the program and were delivered to local shelters. Special recognition goes to class representatives, senior Poonam Upreti and junior Emily Decker for organizing these efforts. Thank you to all those who graciously participated or donated. Your assistance with these activities helped to make this year's CRNA week a big success!!!



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Hurricane Sandy Relief Effort

Students and staff donated various household items, clothing, money, and food to the victims affected by Hurricane Sandy in Union Beach, NJ. Special thanks to senior student, Jeremy Bullock and his wife, Angie for organizing the clothing and food drive for this area devastated by the horrific storm. Multiple members of the Bullock family also deserve our gratitude for the use of vehicles and trailers, as well as their help in making the trip to NJ with Jeremy and Angie. The volunteers and affected families were extremely grateful for all of the donations that came all the way from Pennsylvania!

Thank you to all for your generosity!



AANA Mentoring Program



Congratulations to York College of Pennsylvania/Wellspan Health Nurse Anesthetist program Junior, Jason Huffman, on his selection to participate in the American Association of Nurse Anesthetists (AANA) PR Committee's Student Mentoring Program. The purpose of the AANA's program is to welcome student nurse anesthetists to the profession by providing a positive and motivating educational experience through mentoring by experienced CRNAs. This honor is only bestowed on one student from each nurse anesthesia program who "actively and consistently demonstrates leadership quality and skills". The program is to be held in mid April at the AANA's mid year assembly in Virginia.

Student Presentations

York College/Wellspan Health's Nurse Anesthesia Program will be well represented this year at this year's Allegheny Anesthetists spring anesthesia conference, to be held in Latrobe, PA the first weekend in April. Juniors Jason Huffman, Amy Reed, and Emily Decker will be presenting on various topics including artificial hemoglobin, the history of curare and complications of MAC anesthesia. Members from all classes as well as the faculty are looking forward to learning more about these topics as well as many others to be discussed over the weekend!

Professional Development

Students of York College of Pennsylvania/Wellspan Health's Nurse Anesthetist Program were privileged to hear from two great speakers in December and January. Both speakers were part of the program's monthly Final Friday Forum, in which students, alumni, and faculty have the opportunity to get together and talk about important topics relevant to the CRNA's practice.

As healthcare providers, nurse anesthetists are faced with ethical decisions daily. In December, David Emrhein, M.A., M.E.d, the administrative director for medical education at York Hospital, spoke about ethical theories and how they can be applied to the everyday practice of health care providers. Mr. Emrhein challenged students and faculty with real-life ethical scenarios, calling for each individual to develop their own ethical and moral ideologies. The dialogue helped students to reflect on their own ideals to help determine how they would shape our clinical practice.

Greg Rendelman, CRNA was the guest speaker in January and spoke about combat anesthesia, drawing from his personal experiences serving in Afghanistan. Mr. Rendelman, a clinical preceptor for students at the Lebanon VA Medical Center, intrigued all the attendees with an entertaining look into the life of a nurse anesthetist on the front lines. Topics included the preparation required for war, life on the firebase, what it was like being part of a forward surgical team, and a look in to some of the trauma injuries that were commonly seen. The perspective about the constant preparedness required by combat was invaluable advice for the students as they work through their clinical experiences.

The York College of Pennsylvania/Wellspan Health Nurse Anesthetist Program would like to thank both speakers for their time and support of our students and their clinical and professional growth.



David Emrhein



Greg Rendelman, CRNA

Special Thanks...

Thanks to those of you who have donated to the York Health Foundation (CRNA Program) making it possible to sponsor the registration fees for the students who will be attending Allegheny Anesthetist's Spring Anesthesia Conference, a total of \$1800! On behalf of all of those attending this April.... **THANK YOU!!!!**

Seniors Almost There!!!

Congratulations to the Senior class on successfully completing all clinical requirements for graduation! This class has gone above and beyond to get their needed requirements finished in record time. As they finish up their last few months of clinical, sights are focused on studying for boards and getting in those last desirable cases.

The end is in sight, you can do it!!!



Class of 2014 Update



Congratulations to the Junior class of 2014 for making it half-way through York College of Pennsylvania/Wellpsan Health's rigorous nurse anesthetist program! Your hard work and efforts have paid off so far, so keep up the great work! Members of the Junior class along with faculty and loved ones took a night off to celebrate and relax at Maewyn's in York.

The Junior class continues to excel in the classroom and at clinical, during this very busy semester.

Keep up the great work!

Class of 2015 First Semester Completed

The Novice class successfully completed their first semester of the program in December. With the first of Dr. Haas' oral finals under their belts they enjoyed a nice long holiday break and arrived back in York in January prepared to dive right back in. This semester continues with additional concepts of anatomy and physiology as well as advanced patient assessment, chemistry and physics.

Keep studying hard!



Class of 2016 Selected

The class of 2016 was selected from a very competitive group of applicants this year. This year's applicant pool was the largest to date and the interview process spanned over two days in mid-January. Current faculty from York College of Pennsylvania's graduate nursing programs as well as clinical coordinators and alumni helped conduct the interviews. The class of twelve will begin this coming August. Please join us in welcoming the class of 2016 to the YCP/WH family!

Alyssa Bruno, Cody Clark, Crystal Gatuz, Sasikala Krishnamurthy, Julie Linton, Jason Lippy, Farrah Milkovitz, Amanda Moore, Lain Sheatler, Michael Souhrada, Sheila Switzer and Lauren Tennis

Clinical Spotlight



This month's clinical spotlight shines on one of the two primary sites for York College/Wellspan Health's Nurse Anesthetist Program. Wellspan Health's York Hospital has become the region's leader in specialty care. It has been named in the top 100 hospitals a total of six times while also receiving top honors for its orthopedic and open-heart surgery programs. With a total of 18 operating rooms this clinical site provides valuable experiences for students in the program with ample

opportunities to work in all types of specialties including OB-GYN, cardiac surgery, trauma, and neurology. Being one of the two primary sites for the program students will get the bulk of their experience here, with generally three to five students rotating through here at a time. George Haritos, CRNA, DNAP serves as the clinical coordinator for this location. Special thanks to all of those that participate at this clinical site for your continued support of the York College/Wellspan Health Nurse Anesthetist Program!!!!



Assistant Program Director, Professor Jason Lowe, PhD (C), CRNA, poses with clinical faculty, Natania Axe, CRNA from Holy Spirit and Shauna Duman, CRNA from Conemaugh Memorial Hospital in Johnstown, PA. Professor Lowe presented at a conference at the 10th Annual Nurse Anesthesia Update Conference in Atlantis, Bahamas this past December.

Final Friday Forum -Schedule 2012



March 22 – Alumni Hall

July 26 - TBA

September 27-Alumni Hall

RSVP's Required

May & June FFF's are for students only!

Upcoming Events

PANA Spring Symposium
May 2-5, 2013
The Hotel Hershey
Hershey, PA



Allegheny Anesthetists
Spring Conference
April 6-7, 2013



March 16, 2013
4th Annual APDS
"Fit for Duty? An Overview of
the Provider Problems"



*Congrats to Chris and Amy
(Crerand) Reed (of the junior
class) on their wedding that
took place December 1st!!!!*



*We would like to thank all of you for continuing to support and represent our
program both clinically and professionally!!*

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- Questions? Comments? Suggestions?
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